

ABOUT THE OWNER LYNDA PLETTNER

An Iditarod Sled Dog Race Veteran who spent years tempering herself and her huskies for the long, hard trail to Nome, has cared for individuals with behavioral health issues and developmental disabilities since 1998. Lynda begins her day at 4:00 a.m. and oversees the many tasks of keeping the clients happy, healthy, and safe. She provides everyone with positive reinforcement and a sense of accomplishment, no matter the type of individual or disability. Her deep understanding of people and ailments that afflict them allow her to create a warm, congenial, family-type therapeutic environment.



Big Lake Country Club, LLC
PO Box 520069
Big Lake, AK 99652

Toll Free: (877) 892.6944
Office: (907) 892.6944
Fax: (907) 892.6942
Email: admin@biglakecountryclub.com
Web site: www.biglakecountryclub.com

OUR MISSION

"To promote the participant's level of functioning and independence in a therapeutic setting, provide support, respite, and education for families and caregivers, provide opportunities for social interaction, and serve as an integral part of the community service network."

www.biglakecountryclub.com



BIG LAKE



COUNTRY CLUB

BIG LAKE, ALASKA

**CARE AND FUN
ALL YEAR LONG!**

**CALL TODAY!
877.892.6944**

OUR HOMES

Big Lake Country Club, founded in 2000, provides 24-hour assistance to developmentally delayed and/or emotionally challenged adults seeking a lifestyle of independent living, but requiring daily support, monitoring and supervision. To ensure their success and well-being we provide the following:

- A safe, caring, and nurturing environment where personal growth and development are of primary importance.
- Assistance with daily living skills including hygiene, laundry, housekeeping, physical exercise, supervision of self-medication, nutrition and food preparation, personal and social interaction skills, development of computer skills.
- Comfortable private living space
- Family oriented activities including picnics, barbecues, celebrations of holidays, birthdays, camping, fishing, shopping, movies, gym and community dining.



We are in

the country with six group homes on three separate estates. There are animals native to Alaska (reindeer), domestic farm animals, and family pets. Gardening, biking, walking paths, and lakes are close by. The home has 24 hour supervision including night wake staff.

- Private bedrooms and private cabins available.
- Computer with DSL internet.
- Daily entertainment which includes a game room and opportunities for physical activities.
- Availability to participate in community activities.
- Family-style meals three times a day plus snack and a client store.
- The quaint town of Big Lake is just around the corner.
- The property is fenced and secure with 24 hour staff and camera surveillance.



OUR PROGRAMS



Big Lake Country Club
is a Certified Home and
Community Based
Medicaid Waiver Agency

- Residential Supported Living
- Group Home
- Day Habilitation
- Job Coaching
- Transportation
- Respite
- Care Coordination
- Chore Services



Big Lake Country Club
PO Box 520069
Big Lake, AK 99652
Office: (907) 892-6944 / Fax: (907) 892-6945
management@biglakementalhealthservices.com

Lynda Plettner
Big Lake Country Club
PO Box 520069
Big Lake, AK 99652

Dear Care Coordinators,

Allow me to introduce myself, my name is Lynda Plettner and it is my mission in life to help and support adults with developmental, mental, physical, behavioral, and emotional challenges. I have had the fortunate opportunity to provide family-like assisted living and Medicaid Waiver services to Alaska's disabled populations for over eighteen years. Our homes and dedicated staff are like no other in the State of Alaska. Our five assisted living/group homes are located on luxurious estates in the Big Lake area. Two of the homes are adjacent to Fish Creek and the Big Lake Recreational Area; the other three are in a country setting next to our animal assisted therapy center. We offer a variety of residential and community-based activities that include: an activity center, exercise gym, four-wheeler/snow-machine riding, horseback riding, animal husbandry, cultural and educational outings to Anchorage, and even a pontoon boat for fishing and summer-time fun.

We encourage you to take a moment to look over our company brochure and consider our homes for your client or family member. Big Lake Country Club might just be the perfect place. Our caring and devoted staff is here 24 hours a day, 365 days a year to ensure your client receives the individual care and attention they deserve. Please give us a call and visit our website at www.biglakecountryclub.com!

Sincerely,

Lynda Plettner
Big Lake Country Club